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Absolutely, in future segments of *The Integrative Clinician* I hope to help each reader broaden their own clinical repertoire, by examining common problems which are encountered in the clinical milieu of traumatic stress, but which must be dealt with through the integrative utilization and embrace of knowledge from other fields. Each month, I will discuss not only the above scenarios but many others. As I share the facts of true life cases with my readers I will seek to provide you, in every article, with a simple, understandable and essential "nugget" of integrative knowledge which (1) you can easily retain, and (2) which can make a significant difference in the handling of *your* own true life clinical challenges.

Over time, as you continue to read these episodes in integrative caregiving, you will find that this column will become like a mini-text that will fast-track you to knowledge it took me many years to acquire.

I look forward to sharing with all of you as, together; we all become transformed into integrative clinicians! I hope that, like me, you will find it to be a truly worthwhile endeavor.

### **About the Author**

Rev. Dr. Chrys Parker, J.D. is a psychotherapist, pastoral counselor, clinical chaplain, author, lecturer, advanced military trainer and academic educator specializing in traumatic stress. She is also a licensed attorney, and a forensic consultant in civil and criminal cases. She is a Diplomate of the American Academy of Experts in Traumatic Stress, a Clinical Member of the Association for Clinical Pastoral Education, a Pastoral Care Specialist of the American Association of Pastoral Counselors, and Adjunct Assistant Professor at the University of Texas Health Science Center (San Antonio). Rev. Dr. Parker is Co-Director of Trauma Care Concepts, LLC and the Home Coming Initiative, a veteran and military training program based in San Antonio Texas. She is co-author with Dr. Harry Croft, M.D. of the book "I Always Sit With My Back To The

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For Veterans and Families." Rev. Dr. Parker and her writings, including archived issues of "The Integrative Clinician" may be found on the Web at [www.mybacktothewall.com](http://www.mybacktothewall.com).

